



Fifth Gear

September 2007



www.torontoautosportclub.ca

Toronto Autosport Club

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SOLO-II	(open position)
KARTING:	

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The TAC MOTORSPORT CLUB OF TORONTO Incorporated, (known as the "Toronto Autosport Club") is a general interest motorsport club involved in rallying, Solo I, Solo II, ice racing, road racing and social events. Club Meetings are held on the third Wednesday of each month (except August & December) at 8:00 p.m. at the Fox and Fiddle: 1285 Finch Avenue West, one block east of Keele...

GUESTS ARE ALWAYS WELCOME !

FIFTH GEAR is the monthly publication of the Toronto Autosport Club. Articles concerning Club members' activities are of special interest and members are encouraged to submit their writings to any member of the Executive or send them to the Editorial Offices.

FIFTH GEAR is normally published on the Tuesday preceding the second Wednesday of each month. Certain scheduling changes will be made to accommodate major motorsport events which are of interest to the members.

DISCLAIMER

Opinions and views expressed in this newsletter are for entertainment purposes, are those of the individual writers and do not necessarily reflect the opinions and views of the TAC MOTORSPORT CLUB OF TORONTO, its Executive members, or affiliated governing bodies such as CASC-OR, CARS, RSO, or the ASN (Canada) FIA.

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Please contact the Executive member(s) directly or through the Club Address listed above, for matters not pertaining to FIFTH GEAR.

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FROM THE PRESIDENT'S DESK

The ALMS race weekend took place August 25 / 26. Excellent food as always, burgers on Saturday and the John-Hannaford-prepared gourmet luncheon on Sunday. The theme this year was Italian and food was superb as always. Thanks to John and Debbie for all their hard work. Thanks also to Russ and Cheryl for the great bbq on Saturday. Oh, yes there were also car races on both days.






Those members that renewed their membership before December 31, 2006 get an early renewal gift. You might remember that this is a large umbrella with TAC logo. Some eligible members have received theirs over the last 2 months but I am still trying to get them to the rest. I am trying to do this on a personal basis as the shipping for them is about the same price as the umbrella. I will have them at the next general meeting on Wednesday September 19 or can arrange to have yours at a competitive event. Just let me know when and where.

Well fall is almost upon us and although this may seem rather early, there are several executive positions that will be open for election at the November meeting. These are Secretary, Competition Director and Vice President. This is your chance to run for one of these positions and help run this excellent organization.

Speaking of fall, have you had any thoughts of ice racing? Excellent winter pastime after you have parked the summer racer or solosprint car. Will gladly discuss after the meeting on Wednesday.

Dietmar

TAC EVENTS CALENDAR 2007

<u>DATES</u>	<u>CATEGORY</u>	<u>EVENT/LOCATION</u>	<u>ORGANIZING CLUB</u>
September 2007			
15	Rally-Club Level	SNATR (Saturday Night at the Rallies)	KWRC
15-16	Regional Race	BEMC Indian Summer Trophy Mosport	
15	Solo II Series	CASC-OR Mobil 1 Autoslalom Series , Picton Airport Picton	SPDA
16	F1	BELGIAN Grand Prix 306.927km	
16	Solo II Series	CASC-OR Mobil 1 Autoslalom Series , Picton Airport Picton	St LAC
18-20	ALMS	Monterey Sports Car Championships, Laguna Seca	
19	Meeting	TAC Monthly Club Meeting, Fox & Fiddle Restaurant	 TAC
22	SoloSprint	ASN Canada FIA Canadian Nationals ; Mosport International	
22	SoloSprint	SoloSprint Event #8 ; Shannonville Pro Track	
23	SoloSprint	ASN Canada FIA Canadian Nationals ; Mosport International	
23	SoloSprint	SoloSprint Event #9 ; Shannonville Pro Track	
26	Ralliette	Ralliette Series Event 6, Tim Hortons: Mississauga Rd/Derry	 TAC
29-30	Regional Race	Celebration of Motorsport Mosport	
30	F1	Grand Prix of CHINA 305.066km	
October 2007			
1	Mini Rally	Mini Rally, Service Centre #400-North	MLRC
7	F1	JAPANESE Grand Prix 307.573km	
13	ORRC	Greenspond Go Round	MLRC
17	Meeting	TAC Monthly Club Meeting, Fox & Fiddle Restaurant	 TAC
19-20	Rally-CRC	Pacific Forest Rally	WCRA
21	CHAMP	Gold Coast, Surfers' Paradise, Australia	
21	F1	BRAZILIAN Grand Prix 305.909km	
28	Meeting	RSO Rally Calendar Meeting	
November 2007			
3	Solo	SoloOntario Banquet, Location TBA	
10	Awards/Dinner	CASC Ontario Awards Gala, Toronto Congress Centre	CASC-OR
11	CHAMP	Mexico City, Autodromo Hermanos Rodriguez	
11	Meeting	CASC Ontario Annual General Meeting, Toronto Congress Ctr	CASC-OR
21	Meeting	TAC AGM, Elections & Meeting, Fox & Fiddle, Finch W	 TAC
23-24	Rally-CRC/OPRC	Rally of the Tall Pines	MLRC
December 2007			
1	ORRC	Northern Lights Rally	KWRC
2	CHAMP	Streets of Phoenix	
January 2008			
5	ORRC	January Jaunt Rally	 TAC

ORRC : Ontario Road Rally Cup
 RSO : Rally Sport Ontario
 IRL : Indy Racing League

CLUB : Non-Status Club Event
 CARS : Canadian Association of Rally Sport
 CRQ : Championnat de Rallye Du Quebec
 CRC : Canadian Rally Championship

OPRC : Ontario Performance Rally Championship
 CASC : Canadian Automobile Sport Clubs
 ALMS : American LeMans Series
 WRC : World Rally Championship

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ON THE COVER

TAC member Fred Roberts in his Viper.
Fred is having the time of his life in his rookie year in the Viper Racing League.



Mini-Rally Series 2007

Beginner, Novice and Expert Classes.



The Mini-Rally's are held on the following Monday evenings:

Apr 16 May 14 Jun 11 Jul 9
Aug 13 Sep 10 Oct 1

The Maple Leaf Rally Club Mini-Rally Series is a set of 7 monthly navigational Rally's held throughout the summer and autumn on good quality gravel and paved country roads just north of Toronto. Anyone can enter and no special car preparation is necessary. They are FUN, inexpensive and challenging.

Any car, truck or mini-van may enter. Bring along vehicle registration, proof of insurance, a clipboard, pen, paper, and a good watch. A calculator would be handy and make sure that your map light works as many of the events occur in darkness. Trophies are handed out to the Top-3 finishers in the Beginner and Novice Classes.

This year, **Toronto Autosport Club** and **Maple Leaf Rally Club** are pleased to announce the combined **Mini-Rally & Ralliette Championship**. Competitors can count their best six events from either Series towards this Championship with at least two events from each series.

Beginner, Novice and Expert instructions will be available. No previous experience is required although familiarity with Rally jargon and commonly used instruction types would be an asset. The club has free Mini-Rally manuals available and assistance is available at the start of each Rally. Please visit our web site or email for more info.

Start/finish is at the Service Centre on northbound Hwy 400, just north of Major Mackenzie Drive. The usual distance is 100-120km. Registration for all events begins at 6:30 PM, first car starts at 8:01 PM and finishes around 10:15 PM.

Entry fee is \$25 per event per team. MLRC and TAC members pay \$20 per event per team.

For More Information,
Please visit:

www.mlrc.ca

Or Contact:

Ken Nazeer: atlarge@mlrc.ca

\$25 Entry Fee
Door Prizes at each rally





Toronto Autosport Club presents the **2007 Ralliette Series**

A six event navigational series specifically designed to introduce the sport of TSD Rallying (Time/Speed/Distance). Any street legal car or truck can be used - no special equipment or preparation is required. All you need are proof of vehicle ownership and insurance, pens, pencils, paper, clipboard, digital watch - and a light for the navigator to read the route book by.

This year, **Maple Leaf Rally Club** and **Toronto Autosport Club** are pleased to announce the combined **Mini-Rally & Ralliette Championship**. Competitors can count their best six events from either Series towards this Championship with at least two events from each series.

Start/Finish: Events will start at the Tim Hortons, corner of Mississauga Rd and Derry Rd (N of 401). Finish is at the Drake and Firkin, next to the start location.

Dates/Times: All Ralliettes run on the fourth Wednesday evening of the month.

April 25 May 23 Jun 27 July 25 Aug 22 Sep 26

Registration: Starts at 7:00 PM. First car starts at 8:01 PM and finishes before 10:20 PM.

Distance: Ralliette distance is typically 100 – 125 km.

Classes: Beginner, Intermediate and Expert.

Trophies: Awarded to Driver and Navigator for 1st and 2nd place Beginner, 1st place Intermediate and 1st place Expert.

Total Events: Six events in the series – your best four finishes count towards the year-end championship awards.

Registration Fee: \$25 per event per team, TAC and MLRC members pay \$20.00 per team.

More Information:

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The Toronto Autosport Club

Ralliette Series

Results for August 2007

Thanks to everyone for attending the August Ralliette.

Codes: Class E = expert I = Intermediate N=Novice e = early m = missed or maximum lateness.

Car #	Driver	Club	Navigator	Club	Class	CP1	CP2	CP3	CP4	CP5	CP6	CP7	CP8	CP9	Fin	Tot	Pos
6	Conor Malone	MLRC	Glenna Chestnutt	MLRC	N	0	0.1e	0.2e	0.2e	0.9	0.1	0	0.5	0.1e	0	2.1	1N
12	Jane Leonard		Bruce Leonard	MLRC	N	0.2	0.1e	0.3	0.2	0.2	1.3	0.6	1.0	0	0	3.9	1N
10	Andrei Sitartchouk	TAC	Maxim Stepanov		N	0.2	0.3e	0.1	0.1e	0.7	0.6	1.0	0.9	0.1	1	5.0	3N
7	Mike Peresma		Ken Peresma		N	1.4	0.1	0.1	0.8	0.4	0.6	1.7	5m	0.9e	1e	12.0	4N
4	Jim Hauser		Mark Hauser		N	0	0.4	0.3	1.0	3.3	1.9	2.8	0.6	0.1	2	12.4	5N
2	Seema Thethi		Kiran Thethi		N	3.1e	0.6	1.5	2.7	5m	2.4	1.9	5m	0.9e	0	23.1	6N
11	Ravinder Rooprai		Aneet Kalsi		N	5m	2.4	2.6	8m	5m	8m	8m	8m	8m	Dnf		dnf
9	Alan Ryal	MLRC	Carolyn Ryal	KWRC	I	2.3	0.3e	0.2	0.1	0	1.9	1.1	0.5	0.1e	0	6.5	1I
8	Nikola Novak	MLRC	Fiel Cotta	MLRC	I	2.1	0.3e	0.1	0.7	0.1	3.0	2.0	1.9	0	0	10.2	2I
5	Amanda Laye	TAC	Steven Laye	TAC	I	3.3	2.0	0.1	0.2	0.5	1.3	2.3	5m	1.3e	5e	21.0	3I
1	Paul Moore	TAC	Rita Moore	TAC	E	0	0	0	0	0	0.2	2.8	1.2	0	0	4.2	1E
3	Neils Jensen Sr	TAC	Neils Jensen Jr	TAC	E	2.7	0.8	0.8	1.0	1.3	2.0	8m	8m	5m	0.7	30.3	2E

We are using the ralliette scoring system, where the maximum lateness at a control is 5 minutes and the penalty for a missed control is 8 points.

Thanks to Brooke Jacobs for organizing this months event

I wish to thank the checkpoint workers Rob McAuley, Nick and Tim Beck. Gail Walker, Brooke Jacobs .

Next and last event for the season is again at **Tim Hortons at Mississauga Rd and Derry Rd**, on Wednesday September 26, 2007, Registration 7:00pm first car 8:01pm. Look forward to seeing you again.

Thank you for participating,

Dietmar Seelenmayer

2007 Ralliette Series Standings

x = ignore best 4 of 6 count

Beginner Driver		April	May	June	July	Aug	Sep	Total
Andri Sitartchouk	TAC	10	9	9	9	8x		37
Jane Leonard		8	7x	10	10	9		37
Conar Malone	MLRC		8	0	8	10		26
Seema Theti				7		5		12
Jim Hauser					6	6		12
Scott Backer	KWRC		10					10
Ryan Young		9						9
Scott Merrithew	TAC			8				8
Andrew Schmid					7			7
Mike Pebesma						7		7
Philip Hickman			6					6
Jonathan Schwarz			5	0				5
Read Rahamut		0						0
Ravinder Rooprai						0		0
Beginner Navigator								
Maxim Stefanov		10	9	9	9	8x		37
Bruce Leonard	MLRC	8	7x	10	10	9		37
Glenda Chestnut	MLRC		8	0	8	10		26
Kiran Theti				7		5		12
Mark Hauser					6	6		12
Adrian Marzetti	KWRC		10					10
Alison Smith		9						9
Jag Bhogel				8				8
Suzanne Schmid					7			7
Ken Pebesma						7		7
Joana Gomes			6					6
Alexei Cousineau			5	0				5
Anisa Rahamut		0						0
Aneet Kalsi						0		0
Intermediate Driver								
Alan Ryal	MLRC	10	10	8		10		38
Tim Laye	TAC		9	10				19
Roustop Somitov					10			10
Katie McAuley	TAC	9						9
Nikola Novak	MLRC			9		9		18
Iain Coubrough			8					8
Amanda Laye	TAC					8		8
Intermediate Navigator								
Carolyn Ryal	KWRC	10	10	8		10		38
Steven Laye	TAC		9	10		8		27
Fiel Cotta	MLRC		8	9		9		26
Will Horne					10			10
Susan McAuley	TAC	9						9
Expert Driver								
Paul Moore	TAC	10x	10	10	10	10		40
Niels Jensen Sr	TAC	9		9	9	9		36
Expert Navigator								
Rita Moore	TAC	10x	10	10	10	10		40
Niels Jensen Jr	TAC	9		9	9	9		36

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2007 Infinite Monkeys Rally

report by Rita Moore

Well as they say, an infinite number of monkeys typing on an infinite number of keyboards would eventually produce a Shakespearean play; we didn't have an infinite number of cars but eventually they all found the correct route anyway.

We arrived at the Superburger in Primrose early on Saturday, only to find that the Sunoco we had been so happy to locate next to the restaurant had been closed for renovations. This left us with the nearest known gas station being in Shelburne, about 6km west; and it wasn't a Sunoco, which made our Subaru drivers unhappy since they crave the high octane only Sunoco has. Still, everyone made do without much complaint, and we proceeded with registration.

When making out our initial promotional flyer, it simply sounded humorous to say the entry fee was "\$45 and one banana"; but as the summer wore on and more people read the flyer, everyone was quite suspicious about that entry fee. I guess our history as "the organizers with the tee-shirt instructions" is still known, and nobody seems to trust what we're up to. Sure enough, at registration almost every team showed up with a banana just in case (except for one team which had in fact started out with a banana, but had eaten it on the way up). One team even went one better, and brought a beautiful glass banana which I think was probably stolen from a wife's table decoration, but they insisted that we keep it. This glass banana will probably become a mascot for the Infinite Monkeys Rally in years to come.

Registration proceeded smoothly, as did the novice tutorial and the drivers' meeting; the checkpoint crews and course open car left; the competitors lined up and one by one were sent off on their correct minutes. Then it was just me packing up, and the course close team waiting for their time to go--but wait! Here comes a car with a driver I recognize! Lo and behold it is another expert team wishing to compete, even though they are now 10 minutes late to be Car 11. I gave them a card, the time, and the addendums; did they rush off to begin the rally? No, they spent 10 more minutes digging for something in their car and then went to find gas so they could complete the rally! I later heard that this team's driver is known to his clubmates as "The Late", so I guess he was only maintaining his reputation. No problem, they were still within the checkpoint time windows, which allowed for an hour after Car 0.

The weather, which had threatened to rain and thunder and caused us to worry if some of the trails we were using would be washed out for the rally, turned out to be nearly perfect. It wasn't too hot, it wasn't dusty, and yet the roads were still solid. At least one checkpoint crew even set up lawn chairs to enjoy the day rather than sit in their vehicle.

As for the instructions themselves, I did not hear any complaints about the "see no evil" monkeys of Section 2 or the giant tulip/maze of Section 3. People were not very fond of my 10-year-old nephew's Monster Code in Section 4, though. Some of the monsters were diabolically similar to each other, and to make things more "fun" I had printed the code on the *back* of one of the section pages, to make comparing side-by-side more difficult. I have to admit I wouldn't like this section myself if I were navigating. Paul said, "oh come on, a 10-year-old wrote it"; to which one navigator replied, "I bet he didn't write it in a moving car under time pressure". Quite true.

The "monkey wrenches" of Section 5 were expected to be the hardest instructions, as both the RSO Guru and our Green Crew had warned us. We gave the Novices extra information to solve the section, and it looks like all but one team did work it out successfully. Not only that, but nobody fell for the trap we had Checkpoint 10 set by putting boards on both ends of his car, visible from a good distance. We envisioned a scene in the cars something like this: "Go straight". "But, there's the checkpoint, on our right". "Do we go straight or turn right? Aaagh!". If they went straight, they would eventually turn and come through the CP in the correct direction; if they went right, they would pass it in the wrong direction and too early. Nobody chose the wrong direction, but by the looks of the scores there must have been a few cars which were delayed by the indecision, as only one team zeroed this CP and none were early.

Section 6 was a verbage section, using Shakespeare's *Julius Caesar* to camouflage the actual instructions. For the most part everyone was good with this section, although there was some misunderstanding about, "I did hear him groan, as you will not if seven.three turn right." The intended meaning was, you won't groan if you turn right at 7.3 (therefore turn right at 7.3). Unfortunately there were teams who only saw the "you will not" and so

they purposefully did NOT turn right. Luckily it wasn't far to the next instruction, so they realized the error quickly and all made complete recoveries. When questioned, the RSO Steward ruled that the instructions were not improperly worded, and the scores stood; however it would not have affected the standings either way since all teams had similar scores at that checkpoint. I have learned my lesson, though, and will try to be less ambiguous if I ever do a similar section again. Sorry, competitors.

The remaining section was a simple "columns" section, and nobody in any class had any problems with that. So back at the Superburger, we began to score the cards with the help of the RSO Steward and one of the expert teams (the one who came in 4th, in case anyone thinks there was a fix!). It was the first time some of us had done scoring with the new Time Allowances, so it took a little longer than it maybe could have, but by the time Car 0 had only been in for 20 minutes, we had the scores up.

Now it was time for the awards presentation, and we had something a little different for the teams. Having recently watched some of the Tour de France, we noticed that for each stage there, the winners get a medal and a stuffed lion (representing the sponsor). Hey, we thought, why don't we do something different like that for our event? Of course obviously it would be monkeys, not lions. But finding stuffed monkeys turned out to be much more difficult--I guess monkeys aren't the "in" toy these days (were they ever?). Finally some were located in sufficient quantity at a Toys R Us store, and the accompanying medals were ordered. Then another strange thing happened: the medals store had a "clearance table" of trophies on sale cheap. Three of these trophies were a V for Victory over images of...an abacus and a stopwatch!! Now really, what other possible competition on Earth could be represented by an abacus and stopwatch except for navigational rallying? I think none! Therefore I had to get these! But what to award them for? It would have to be a "car", not a driver or navigator. I finally decided on: "Unstoppable", for the team finishing with the most penalty points; "Judge's Choice", for whatever seemed to need an award on the day of the event; and "Top Banana", to legitimize the entry fee of one banana!

As the bananas had started coming in to registration, I had decided Top Banana was either going to be the team with the most bananas, or the largest bananas. As it so happened, one team brought both, so they were the clear winner of Top Banana: car 2. I felt that the glass banana also deserved some recognition, so car 3 got the Judge's Choice trophy for that. Finally, the Unstoppable trophy went to car 10, the only one to miss a checkpoint although they made a good recovery to the finish.

In the end, the final results were:

- 1st Novice: Car 9, Nikola Novak and Fiel Cotta
- 2nd Novice: Car 5, Jane Leonard and Bruce Leonard
- 3rd Novice: Car 4, Tim Laye and Steven Laye (of TAC!)
- 4th Novice: Car 8, Nathan Henry and Micah Hill
- 5th Novice: Car 1, Conor Malone and Glenna Chestnutt
- 6th Novice: Car 2, Trevor Hancher and Ted Doig

It is interesting to note that Car 2 was in their first ever rally, and not only finished but missed no checkpoints and got an impressively low score of 14.2 over the 200km route. On another day this would probably have been enough for a class win, but it goes to show you how tight the competition was among the Novices that day!

1st Intermediate: Car 10, Roger Sanderson and Christina Chinn

- 1st Expert: Car 6, Paul Leonard and Dave Jones
- 2nd Expert: Car 7, Peter Fenwick and Brooke Jacobs (of TAC!)
- 3rd Expert: Car 3, Bryn Epp and Terry Epp
- 4th Expert: Car 11, Peter Miller and Dennis Wharton

In closing, I would like to acknowledge the help we received from all our friends who spent the day manning checkpoints, and without whom this event could never have happened:

Alan Gaunt, Mike Murphy, Nick & Ingrid Beck and family, Rich & Elouise Sullivan, Melody Gaunt, Mike Fothergill, Martin Loveridge (also event steward for RSO), Dave Laye, Jenn Hetherington, and of course Kurt and Dietmar Seelenmayer for doing the Green Crew duty. Thank you so much to all of you! You are fantastic!

INFINITE MONKEYS RALLY



The Start



Rita Scoring
at the Finish

Photos at Top : Rich Sullivan
Photos Below: Nick & Ingrid Beck



Some of the Winners.
The Monkeys were Much Sought After!



Checkpoints were varied !

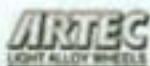


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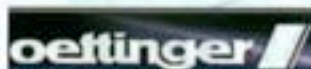
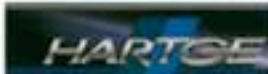
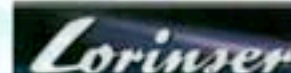
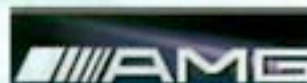


WHEEL & TIRE CATALOGUE



MOTORSPORT

COMPETITION



WHEEL & TIRE ZONE

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TORONTO

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Scampi con Prosciutto e Basilico

A serious hit every time I've served it.

1 cup dry white wine
1 cup olive oil
¼ cup fresh lemon juice
2 tablespoons Dijon-style mustard
½ cup chopped fresh basil (1/4 cup dry)
freshly cracked black peppercorns
24 jumbo shrimp, peeled and de-veined, tails left on
24 whole large basil leaves
24 thin 1/2 slices (lengthwise) of lean prosciutto

Combine the wine, oil, lemon juice, mustard, chopped basil and peppercorns and pour over shrimp. I use a zip-loc bag to marinate them in the refrigerator overnight, but a couple of hours will do. Remove the shrimp from the marinade; reserve the marinade. Wrap the middle of each shrimp with a basil leaf and roll with one ½ slice of the prosciutto and skewer. I put 4 – 6 shrimp on a double skewer to make turning easier, or use a perforated grilling pan and skip the skewers. Grill the shrimp, basting with the reserved marinade, for three to five minutes on each side, depending on the grill .

Insalata Caprese (variation)

This is a bit different than the classic arrangement that Mikel did at the track. I like a more rustic type that I saw Jamie Oliver whip up on one of his shows. It knocked me out and is now my favorite summer salad.

6-10 mixed heritage tomatoes or 4 large vine ripened tomatoes – try to get a mix of red and yellow, and some cherry or grape tomatoes for contrast in size.
6 oz (180 g) very fresh mozzarella cheese – real mozzarella di bufala will make a difference
1 head of roasted garlic
1 large handful fresh basil leaves, chopped or torn roughly, and some whole leaves for garnish
olive oil
coarse salt & pepper

Wash the tomatoes and cut some into thickish slices and some into wedges. If you have some smaller tomatoes, halve them or quarter them. Salt them and put them in a plastic colander, or a bag of cheesecloth, and set them over a sink. Let them drain for a couple of hours. Peel and chop the roasted garlic very fine. Make an oil dressing of the garlic and some (2-4 oz) very good olive oil, with just enough chopped basil to flavour it lightly. I will sometimes vary this by adding some white balsamic vinegar to make a more classic emulsified dressing. Tear the mozzarella into medium - small rough pieces with two forks. When the tomatoes have drained, rinse them lightly with very cold water and dry on paper towels. Let your creative juices flow and arrange the tomato and mozzarella pieces on a platter in layers and heaps. Scatter the remaining torn basil and whole leaves, then dress with the oil and some coarse salt and pepper to taste. Serve as soon as possible.

Paté di Olive Nere

Easy and sophisticated. Perfect for holiday events - it often shows up at our New Year's parties.

8 oz (225g) black olives
grated rind and juice of ½ lemon, strained
1 large tablespoon best quality olive oil
2 oz (50g) softened butter (preferably unsalted)
¼ oz (20g) very fresh white breadcrumbs
pinch salt
generous grinding of black pepper

Remove the stones from the olives. Whizz them in a food processor at high speed until you have a fairly fine puree. Stir in the lemon juice and the olive oil, then the butter and breadcrumbs, and finally the grated lemon rind, salt and pepper. Stir until you have a very light texture with no lumps. Taste and adjust the seasoning and lemon juice. Spoon into serving bowls and cover and refrigerate for a couple of hours before serving.

Aubergine Caponata

Very adaptable. Can also be an excellent side for strongly flavored roasted foods.

2 lb (1 kg) aubergines cubed
salt
olive oil
½ white onion, chopped
8 oz (250g) assorted pickles (such as onions, peppers, gherkins), well drained
1 oz (25g) capers, rinsed and dried
6 celery leaves, chopped
2 oz (50g) green olives, stoned
1 tablespoon granulated sugar
2 oz red wine vinegar
2 tablespoons pine nuts

Sprinkle the cubed aubergines well with salt, put them in a colander in the sink and leave them to drain out their bitter juices for about 1 hour (longer if possible). Then wash and dry them thoroughly. Fry the aubergine cubes in olive oil until softened and lightly browned. Remove and drain on paper towels. Add some more oil to the pan and fry the onion, pickles, capers and celery leaves and olives in over a low heat for about 15 minutes. Add the sugar and vinegar to the onion mixture, let the fumes of the vinegar evaporate and then stir the aubergines and the pine nuts. Serve warm or at room temperature.

Il Pesto

A basic that is worth doing fresh any time good basil is available.

36 leaves fresh basil, washed but not bruised, dried carefully
large pinch rock salt
3 cloves garlic, peeled and cut in half
1 handful pine kernels
2 tablespoons grated parmesan cheese
3-4 oz best quality olive oil
salt and pepper

Put the basil, salt and garlic into a mortar or food processor and reduce to a smooth green purée. Add the pine kernels and cheese and blend them in. Add the oil a little at a time, until you have reached a smooth, creamy texture. Season with salt and pepper and use as required.

Minestrone alla Livornese

Looks way more complicated than it is. Mikel's new favorite soup.

1 lb (450g) fresh or 8 oz (225g) dried cannellini or borlotti beans
¼ savoy cabbage
5 oz (150g) fresh spinach
6 leaves Swiss Chard or dark green lettuce leaves
2 oz (50g) prosciutto crudo or unsmoked fat back bacon
1 oz (25g) parsley, finely chopped
4 cloves roasted garlic, finely chopped
1 carrot, ¼ - ½" dice
1 onion, ¼ - ½" diced
1 zucchini, ¼ - ½" dice
1 potato, ¼ - ½" dice
1 stick celery, ¼ - ½" dice
8 oz smoked ham or more to taste
1 tablespoon tomato paste
4 pints (2 litres) meat stock or broth
salt
8 oz (250g) long-grain rice
3 tablespoons grated Parmesan cheese

Cook the beans. You can use an equivalent amount of good quality canned without significantly changing the result.

Wash and trim the green vegetables, then shred them all together with a food processor, or chop them fine by hand. Place in a saucepan with a little water and cook until just soft. Remove from the heat, cool and then squeeze dry in your fists.

Chop the prosciutto or bacon and fry in your soup pan with the parsley and the garlic.

Add the green vegetables to the prosciutto, parsley and garlic, stir together, then add all the other vegetables, the ham and beans. Stir in the diluted tomato purée, all the stock or broth and simmer for about 2 hours, covered. Check the seasoning and add salt if required.

After about 2 hours, add the rice, stir well and continue to cook for about 15-20 minutes or until the rice is tender. Remove from the heat, stir in the Parmesan and serve hot or cold, but not chilled.

(Thanks to John Hannaford for passing on these "ALMS" recipes, by popular demand!)

RALLY CO-DRIVER COURSE

RallySport Ontario is offering a Rally Co-Driver course conducted by Mark Williams, one of North America's top performance Co-Drivers. Course is limited to 50. Prior registration [with payment] is required.

Now is your chance to gain valuable co-driver information from one of North America's top Co-Drivers, Mark Williams. Mark has competed in over 150 events, the latest being a 4th place finish at the X Games.

Here is your chance to learn from the best!!

Some information on Mark can be found at <http://www.rallycodriver.com>

RSO is offering a one-day course November 10th 2007.
Location will be Sir Sandford Fleming College, Peterborough.

COURSE OUTLINE

Accelerate your learning curve: learn in 1 day what might otherwise take you years to discover on your own.

Responsibilities of the Co-Driver

Navigator: stay on course
Timekeeper: stay on time
Savant: have all the answers
Psychologist: influence driver's frame of mind
Attorney: ensure proper scoring
Manager: attend to all organizational details
Strategist: make at-event decisions that influence your results
Performance Enhancer: enable your driver to go faster

Techniques

Instructions Callout: vocabulary & timing
Using Organizer-supplied Notes
Modifying Organizer-supplied Notes
Making Your Own Pacenotes
Time Control Procedures
Service Planning: fuel, tires and repairs

Equipment

Tripmeters
Intercoms
Nav Lights
Pacenoting Tools
Personal Safety

Pacenoting In-Car Exercise

Scattered throughout will be useful tips, actual examples and interesting anecdotes about experiences with leading drivers and factory teams.

Registration information is available online at www.rallysport.on.ca

2007 Rallye Defi-Ste Agathe/Duhamel
Round 4 of the 2007 Canadian Rally Championship
September 7/8, 2007 – Ste. Agathe, Quebec

National Results

<i>Pos'n</i>	<i>Driver</i>	<i>Co-driver</i>	<i>Car</i>	<i>Class Pos'n</i>	<i>Time</i>	<i>Behind leader</i>
1	Antoine L'Estage, QC	Nathalie Richard, QC	2007 Hyundai Tiburon	1st - Open	1:21:44	---
2	Andrew Comrie-Picard, ON	Marc Goldfarb, US	2006 Mitsubishi Evo IX	2 nd - Open	1::24:02	2:18
3	Peter Thomson, ON	Rod Hendricksen, US	2006 Mitsubishi Evo LX	3 rd - Open	1:26:48	5:04
4	Craig Henderson, QC	Lyne Murphy, QC	2002 Subaru WRX	4 th - Open	1:27:35	5:51
5	John Vanos, ON	Alan Ockwell, ON	2006 Subaru Impreza	5 th - Open	1:28:21	6:37
6	Martin Gauvin, QC	Daniel Duchesneau, QC	2002 Subaru WRX	1st - P4	1:29:41	7:57
7	Rejean Losier, QC	Philippe Poirier, QC	1999 Mitsubishi Evo V	6 th - Open	1:32:43	10:59
8	Randy Zimmer, US	Adam Vokes, AB	2000 Subaru Impreza	7 th - Open	1:34:07	12:23
9	Bruno Carre, QC	Yvan Joyal, QC	2002 Subaru WRX Sti	8 th - Open	1:34:27	12:43
10	Colin Armstrong, AB	Ryan Armstrong, AB	1991 VW Golf	1st - Gr 2	1:35:00	13:16
11	Ted Mendham, US	Lise Mendham, US	2002 Subaru WRX	2 nd - P4	1:35:04	13:20
12	Jon Nichols, QC	Carl Schenk, QC	2000 Mitsubishi Evo 6	9 th - Open	1:36:52	15:08
13	Martin Donnelly, ON	Robin Fleguel, ON	2007 Subaru WRX Sti	10 th - Open	1:37:22	15:38
14	Frederic Beausoliel, QC	Myriam Levert, QC	2003 Subaru WRX	3 rd - P4	1:37:49	16:05
15	Yohan Tessier, QC	Francois Morin, QC	2001 VW Golf	2 nd - Gr 2	1:38:32	16:48
16	Emilio Arce, US	Sarah Gardescu, US	2000 Subaru Impreza RS	4 th - P4	1:40:19	18:35
17	Freddy Weil, QC	Erci Champagne, QC	1999 Subaru Impreza	11 th - Open	1:40:47	19:03
18	Martin Walter, ON	Ken Lagarec, ON	1991 Nissan 240SX	1st - Gr 5	1:42:36	20:52
19	Simon Losier, QC	Maxime Losier, QX	1997 Honda Civic	3 rd - Gr 2	1:53:25	31:41
20	Mathieu Lebel, QC	Steve Beaulieu, QC	1995 Subaru Justy	1st - P1	1:55:12	33:28

dnf's

<i>Driver</i>	<i>Co-driver</i>	<i>Car</i>	<i>Class</i>	<i>Reason</i>
Arthur Chabot, US	David Harris, US	1991 Mitsubishi Galant	P4	?
Aurelia Dalbera, QC	Simon rodrigue, QC	2002 Ford Focus	P3	?
Stephane Henry, QC	Nancy Beaulieu, QC	1995 Eagle Talon Tsi	Open	transmission
Andre Cloutier, QC	Julien Cloutier, QC	1998 Ford Escort ZX2	P3	?
John Cassidy, US	Dave Getchell, US	2003 Subaru WRX	Open	?
Patrice Potvin, QC	Anick Madon, QC	1997 Subaru Impreza	Open	suspension
Rob Mackenzie, ON	Greg James, ON	2000 Honda Civic	P2	Gas tank
Erik Gaudet, QC	Pascal Longpre, QC	1991 Subaru Legacy	Open	turbo
Ian Crerar, ON	Elise Racette, QC	1996 Ford Escort Cosworth	Open	electrical
Mathieu L'Estage, QC	Yanick Napert, QC	1993 Subaru Impreza	Open	transmission
Eric Grochowski, AB	Leanne Junnila, AB	1996 VW Golf	Gr 2	Fuel pump
Zbigniew Szewczyk, AB	Tomasz Karzynski, AB	2004 Mitsubishi Lancer	Gr 5	fuel
Leo Urlichich, US	Alexandre Korovkine, US	2004 Subaru WRX Sti	Open	upset
Mathieu Dube, QC	Eric Losier, QC	1993 Subaru WRX STi	Open	upset
Sergei Grishechkin, US	Dimitri Kuzmin, ON	1988 VW Golf Gtl	Gr 2	?
Simon Gervais, QC	Olivier Maltais, QC	1988 Audi Quattro	Open	radiator

2007 Galway-Cavendish Forest Rally
Round 4 of the 2007 Ontario Performance Rally Championship
August 11, 2007 – Catchacoma, Ontario

<i>Pos'n</i>	<i>Driver</i>	<i>Co-driver</i>	<i>Car</i>	<i>Class Pos'n</i>	<i>Time</i>	<i>Behind leader</i>
1	Jon Kemp	Brian Maxwell	2002 Mitsubishi Evo	1 st - Open	32:42	---
2	Peter Thomson	Frank Sprongl	2006 Mitsubishi Evo	2 nd - Open	33:15	0:33
3	Peter Reilly	Ray Felice	1994 VW Golf awd	3 rd - Open	33:40	0:58
4	Mark Williams	James Drake	1995 Subaru Impreza	4 th - Open	34:30	1:48
5	Alan Ryall	Bruce Leonard	2002 Subaru Impreza	1 st - P4	36:07	3:25
6	Matt Barnes	Andrew Wallbank	1993 Toyota Paseo	1 st - P2	36:39	3:57
7	Nicola Narini	Massimo Narini	1992 Subaru Legacy	2 nd - P4	36:41	3:59
8	Mike Henderson	Doug Tompsett	1985 Dodge Omni	1 st - Gr5	37:33	4:51
9	Ian Crerar	Andrew Comrie-Picard	1996 Ford Escort Cosworth	5 th - Open	37:53	5:11
10	Philip Jeffries	Matthew Jeffries	1990 Eagle Talon	3 rd - P4	37:55	5:44
11	Alex Burck	Murray Dammeier	1991 Nissan NX2000	1 st - P3	38:26	5:44
12	Ksenia Prokofjeva	Sergei Grishechkin	1988 VW GTI	1 st - Gr2	38:55	6:13
13	Martin Donnelly	Jeff Hagan	2007 Subaru WRX STi	6 th - Open	39:05	6:23
14	David Allan	Tammy Allan	1987 VW GTI	2 nd - G2	39:58	7:16
15	Rick Williams	Evan Holt	1967 Ford Cortina GT	2 nd - Gr2	40:53	8:11
16	Jen Horsey	Elise Racette	1993 Mazda 323	2 nd - P2	42:55	10:13

dnf's

<i>Driver</i>	<i>Co-driver</i>	<i>Car</i>	<i>Class</i>	<i>Reason</i>
John Vanos	Alan Ockwell	2006 Subaru WRX STi	Open	Electrical
Richard Szmidt	Mark Legault	1976 BMW 2002	G5	Suspension

Next events:

Canadian Rally Championship – Pacific Forest Rally, Merritt, BC, October 19/20

Ontario Performance Rally Championship – Rally of the Tall Pines, Bancroft, ON, November 23/24

Please note – the results of the **OPRC** portion of the **Rallye Ste-Agathe/Duhamel** on September 8/9 were unavailable by press time.

SOLOSPRINT



Andy Presswood

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Autophile

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www.autophile.ca



2007 Membership Application

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Toronto, Ontario, M8V 3X2

Email: registrar@torontoautosportclub.ca

New or Renewal Members – Single or Family \$50.00

JOIN or RENEW ON-LINE :

JOIN-> www.casc.on.ca/joinAClub.php

RENEW-> www.casc.on.ca/welcome.php

- TAC Membership includes 2007 CASC-OR (Race, Solo) & RSO (Rally) affiliation
- Family rate limited to family members domiciled at the same mailing address.
- 2006 membership numbers will be reserved until February 1st, 2007.
- All memberships expire December 31 2007.

Date: _____

1st Member _____ [#] Home Phone (____) _____

Address _____ Bus. Phone (____) _____

Postal Code _____

First Member _____ [#] email: _____

2nd (Family) Member _____ [#] email: _____

3rd Family Member _____ [#] email: _____

4th Family Member _____ [#] email: _____

5th Family Member _____ [#] email: _____

PAYMENT METHOD:

Cash Cheque # _____ MasterCard # or VISA # _____

Card Expiry Date: ____/____/____ Cardholder Signature _____

Amount: \$50 Other \$ _____ **TOTAL \$:** _____

TAC works only because volunteers make autosport happen!

So that we know *your* interests (and where you can help out) and can therefore plan the right mix of events – please complete the information checklists below ...

Please indicate your
2007 autosport interests

- Solosprint (Solo 1)
- Autoslalom (Solo 2)
- Navigational rallying
- Performance rallying
- Road racing
- Vintage Racing
- Ice racing
- Karting

Please indicate three areas that
you can help with in 2007

- Solo (1/2) organizer / worker
- Road Rally/Ralliette organizer
- Contract Rally organizer
- Rally Checkpoint/Green-crew
- Social Event Organizer
- Ice race organizer / worker
- Event timing / scoring
- Performance Rally organizer



Toronto
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